

**TIME TO CARE**



27<sup>th</sup> September 2022 h. 11:00 @ 'Bridge the Gap!' FINAL EVENT  
**Greta Barbolini | A.R.C.I. APS**

# What is A.R.C.I.? [www.arci.it](http://www.arci.it) 1/2

ARCI stands for **A**ssociation **R**icreational **C**ultural **I**talian

Founded in 1957 as a left oriented association with the aim of coordinating local associations, people's houses (community centres), after the end of the 2° world war and after 20 years of lack of democracy in Italy

Nowadays ARCI is an association for social promotion (APS) and according to 2017 sector law (Legislative Decree n° 117; 03-07-17 and following decrees/laws) is a third sector body and a national network

A network made of 1.000.000 members in 4.000 local clubs and associations and 110 Committees in major italian cities

## What is A.R.C.I.? [www.arci.it](http://www.arci.it) 2/2

Although Arci clubs and associations often carry out public interest activities, they are not funded on a regular basis as it happens in other European countries

Every member pays an annual fee for general costs and can attend at popular prices to activities (parties, dinners, dances, courses, leisure activities, screenings, performances)

For some activities (such as Time to Care or migrants welcoming programmes) Arci is funded.

# What is it «Time to Care» ?



**Time to Care is a 6 months programme wanted by the Presidency of the Ministers' Council in 2020 in order to put in place a prompt and extraordinary intervention addressed to elderly people in cooperation with third sectors bodies involving up to 1.200 young people under the age of 35.**

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<https://famiglia.governo.it/it/politiche-e-attivita/finanziamenti-avvisi-e-bandi/avvisi-e-bandi/bando-time-to-care/>

# What is necessary to know in order to fully understand «Time to Care» programme 1/2

In Italy there is no more compulsory military service since 2005 (it was foreseen at article 52 in post war constitution)

What was called «conscientious objection» to military service, allowed since 1972, became, step by step, a new kind of experience now called «national civil service»

It's open to boys and girls under the age of 29 and it lasts 12 months (25 hours/week) and provides a monthly bonus (450 euros)

The service consists in carrying out activities of assistance or social utility or cultural promotion (among third sector bodies, councils, universities ..)

# What is necessary to know in order to fully understand «Time to Care» programme 2/2

The pandemic has strongly hit Italy in 2020

The mortality rate for elderly people because of covid in Italy was 3,1% while in Europe 2,4% \*

On the whole died 746.146 people, 100.526 more than the year before 76% of whom were of over 80 years of age people

The elderly were literally segregated at home or in care/nursing homes.

Italy is the second country in the world (after Japan) for longevity: nearly 14 millions are over 65 (22,8 % of the whole population)

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\* [https://www.istat.it/it/files/2021/03/Report\\_ISS\\_Istat\\_2020\\_5\\_marzo.pdf](https://www.istat.it/it/files/2021/03/Report_ISS_Istat_2020_5_marzo.pdf)

## «Time to Care » in short



Time to Care can then be defined as:

- a sort of mini civil service for under 35 year old people (6 months not 12 with a different status - mini jobs contract)
- targeted to a single aim: help/sustain/bring to social life the elderly ones

# What has it been done?

Arci at local level (39 towns from Sicily to Trentino): young operators's selection and contracting, local intervention management often in cooperation with other associations and local authorities (social and health departments)

Arci at central level: formal project's management, coordination, young operators' training (38 hours) from workplace safety issues (covid) to guidelines on how to relate with elderly ones in a intergenerational dynamic, digitalization as skill for citizenship (that's how we met Lunaria! And Bridge the Gap)



# What has it been done?

Time to Care operators (83) organised on the field:

- Easy (home) helps such as going to the drugstore and pick medications; go to the doctors and pick up documents; easy jobs as going to the shops, post office etc etc etc
- Socialization and cultural activities: courses (photografy, art therapy) and lessons on how to use smartphones and personal computers (green pass downloading was the main interest!)
- Keeping company: telephone calls, visits, walks, museum visits etc etc etc

# EVALUATION POINTS

## POSITIVE ASPECTS

first national coordinated intervention addressed to elderly people (we hope for a second experience)

Intergenerational approach

Informal approach: from concrete/basic help to sociality

a concrete step towards «normal social life»

many activities have become permanent

## NEGATIVE ASPECTS

the idea of creating a new intervention model has met too many formal obstacles (we applied in June 2020, project started in October 2021)

young people change plans very quickly (many drop outs)

local needs mapping had to be updated

# THANK YOU !

In case anyone wants to get in contact with Arci visit [www.arci.it](http://www.arci.it) for direct contacts with responsables or write to me ([barbolini@arci.it](mailto:barbolini@arci.it))